



A COMMUNITY AWARENESS WALK  
TO ADDRESS ISSUES SUCH AS SUICIDE  
PREVENTION, ADDICTION, SUBSTANCE  
ABUSE AND THE IMPORTANCE  
OF MENTAL HEALTH  
AND SELF-CARE.

**SATURDAY  
AUGUST 19TH, 2023  
8 AM - 12 NOON  
LANNON COMMUNITY PARK**

**TO VOLUNTEER AND REGISTER ONLINE VISIT  
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